

ADHD Patient Questionnaire - University Health Service

ADHD is diagnosed and managed by psychiatry in NHS Scotland, we cannot start medications for ADHD in general practice. If you have a diagnosis of ADHD and have been started on a medication, it is imperative that you should provide all the information requested on this questionnaire, to facilitate prompt referral to a specialist. NHS psychiatry will then review your documents, and if sufficient evidence of diagnosis and medication reviews are provided, the psychiatrist will be able to authorise your prescription to be continued by us. If the evidence you provide is not enough, you will be placed on the waiting list to be re-assessed, which can take up to 2 years.

1) Have you been diagnosed with a form of ADHD?

YES Please proceed to question 2

NO Please arrange a telephone review with a GP to discuss your concerns regarding ADHD

2) Do you have previous clinical letters to show how the diagnosis of ADHD was reached?

YES Please **EMAIL Diagnostic Reports to:** clinical.s70592@nhslothian.scot.nhs.uk

Year and place of diagnosis: _____

NO Please obtain further evidence.

3) Have you been started on a medication for ADHD?

YES Please state the medication name, dosage and how many months of supply you have:

Please EMAIL Medication Review letters from your previous psychiatrist to:

clinical.s70592@nhslothian.scot.nhs.uk

NO Please arrange a telephone review with a GP to discuss your concerns regarding ADHD

4) After submitting this questionnaire and all the evidence required, please arrange a telephone consultation with a GP to discuss the referral to NHS psychiatry.