

Name -

Date of birth -

ADHD Patient Questionnaire - University Health Service

ADHD is diagnosed and managed by psychiatry in NHS Scotland, we cannot start medications for ADHD in general practice. If you have a diagnosis of ADHD and have been stabilised on a medication, it is imperative that you should provide all the information requested on this questionnaire to facilitate prompt referral to a specialist. NHS psychiatry will review your documents to decide whether the prescription can be continued by the NHS. If the referral is declined, there is a significant waiting list for ADHD assessment which currently is growing and will take many years to address. There is absolutely no guarantee, no matter how apparently thorough a private assessment is, that it will be accepted and lead to controlled drugs being prescribed on the NHS prior to a full NHS assessment. If you do decide to pursue a diagnosis and prescription of ADHD medications through a private provider, they should be responsible for initial and any follow up investigations until such time that the local NHS clinic takes over your care, and additionally we cannot sign a "Shared Care Agreement" with your private clinic. We would also like to remind you that **ADDERALL** is not available in the UK. Thank you for completing this questionnaire.

1) Have you been diagnosed with a form of ADHD?

YES Please proceed to question 2.

NO Please arrange a review with a GP to discuss your concerns regarding ADHD

2) Do you have a detailed report showing how the diagnosis of ADHD was reached?

YES Please **EMAIL Diagnostic Reports to:** loth.patients70592@nhs.scot

Year and place of diagnosis: _____

NO Please obtain further evidence.

3) Have you been stabilised on a medication for ADHD?

YES Please state the medication name, dosage and how many months of supply you have:

Please EMAIL Medication Review letters from your previous specialist to:

loth.patients70592@nhs.scot

NO Please arrange a review with a GP if you have concerns regarding ADHD

4) Would you like to seek authorisation of your ADHD medication from NHS Lothian Psychiatry?

YES

NO, I will continue to source the medication myself*

*Some individuals may choose this option if they are staying in Edinburgh for a short period of time.